

Adult Day Program

The Western Ottawa Community Resource Centre (WOCRC) offers programs to support individuals and families in the Goulbourn, Kanata and West Carleton areas.

Community Support services assist adults living independently in the community experiencing short and long-term disabilities. Services include Meals on Wheels, Diners' Club, Adult Day Program, Transportation, Home Help and Home Maintenance. Eligibility criteria will apply.

The Adult Day Program provides a day of activity for adults diagnosed with Alzheimer Disease or other dementia-related illnesses and is open to residents of Ottawa.



Programs and Services

Counselling, Information and Referral
Ontario Early Years Centre—Carleton
Services for Children and Families
Services for Youth and Families
Violence Against Women Services
Chrysalis House
Community Development
Services for Seniors and Adults with Physical Disabilities and Families
Volunteer Services



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Bringing care and community together

Adult Day Program



For individuals diagnosed with Alzheimer Disease or other dementia-related illnesses.

613-591-3686

2 MacNeil Court, Kanata

Adult Day Program*

Program Description

The Adult Day Program of the WOCRC provides much needed respite for the caregiver.

A comfortable living space, along with a lunch and a snack, is provided for adults experiencing Alzheimer Disease or other dementia-related illnesses.

Adults participate in various activities including cards, board games, music and crafts. Assistance with personal care, including manicures and hairstyling is provided.

Two qualified staff from the WOCRC run the program with a team of screened and trained volunteers.

Information, Referral and Support

The WOCRC provides information about services available to meet the needs of adults and persons with disabilities.

Advice and resources are available to family members caring for adults with disabilities.

Caregiver Support:

We offer a monthly Alzheimer Support Group **613-591-3686**

For Assessment and Referral:

The Ottawa-Carleton Community Care Access Centre **613-745-5525**

For Information:

WOCRC **613-591-3686**

For Additional Information on Alzheimer Disease:

Alzheimer Society of Ottawa Carleton
613-523-4004

Location and Times

The Adult Day Program operates from the Western Ottawa Community Resource Centre, 2 MacNeil Court, Kanata, K2L 4H7.

The program runs Monday to Thursday, 9:00 a.m. to 2:30 p.m.

Fees & Transportation

A fee of \$22.00/day includes lunch, snacks and refreshments.

Transportation may be available for clients who are eligible.

*Available in English only/
Disponible en anglais seulement