



Diners Clubs



Lunch programs for older adults where healthy living is promoted.
Hosted by the City of Ottawa and the WOCRC.

Country Lunch & Learn \$7
2nd Friday of the month
West Carleton Diners Club
4th Friday of the month
11:30 am to 1:30 pm



April 10, 2009

**No Diners Club
this week**



April 24, 2009
Galletta Community
Centre
119 Darwin Street,
Galletta

Music
With Dominic D'Arcy

Register by Apr. 17



Please register **at least 7 days in advance** at 613-591-3686 ext. 274.
Transportation can be arranged upon request.

Available in English only/Disponible en anglais seulement

