

Diners Clubs

Lunch programs for older adults where healthy living is promoted.
Hosted by the City of Ottawa and the WOCRC.

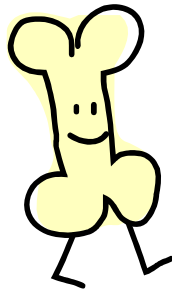
Country Lunch & Learn \$7
2nd Friday of the month
West Carleton Diners Club
4th Friday of the month
11:30 am to 1:30 pm



February 13, 2009
Kinburn Community
Centre
3045 Kinburn Side
Road, Carp

Eva Stewart-Bindernagel
Healthy Bones

Register by Feb. 6



February 27, 2009
Galletta Community
Centre
119 Darwin Street,
Galletta

New Carp Apartments Update
With Sally Storey and Greg Leblanc

Register by Feb. 20



Please register **at least 7 days in advance** at 613-591-3686 ext. 274.
Transportation can be arranged upon request.

Available in English only/Disponible en anglais seulement

