

Western Ottawa Community Resource Centre

Community services play a vital role in promoting healthy lifestyle strategies and problem solving skills for individuals and families. Whether it's facing a personal crisis, dealing with peers or aging family members, parenting or wanting to help others in your community, the WOCRC is here for you.

Our Vision

We envision a future in which Western Ottawa is comprised of vibrant, safe, healthy communities in which everyone has access to the services and resources they require for their health and wellbeing.

Our Mission

The Western Ottawa Community Resource Centre partners with others to develop, provide and coordinate accessible community, health and social services for all members of our diverse communities.

We are committed to ensuring access to permanent and quality French Language Services in our designated



Programs and Services

Counselling, Information and Referral
Ontario Early Years Centre—Carleton
Services for Children and Families
Services for Youth and Families
Violence Against Women Services
Chrysalis House
Community Development
Services for Seniors and Adults with Physical Disabilities
Volunteer Services



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Bringing care and community together

Child Witness Program



If your child has witnessed woman abuse, there is help.

613-591-3686

2 MacNeil Court, Kanata

Child Witness Program*

Child Witness

Children, even very young children, can witness emotional, verbal, physical, or sexual abuse towards their mothers.

Witnessing Means

- The child sees violence;
- The child hears violence;
- The child feels tension;
- The child sees the after-effects of violence;
- The child is put in the middle during adult situations.



4 in 10 women who experience violence in relationships report that their children also witness the violence.

Statistics Canada



*Available in English only/
Disponible en anglais seulement

Getting Help

For information about free, confidential individual counselling, advocacy and group support for moms and children, call a counsellor at:

WOCRC

613-591-3686

Pinecrest-Queensway Health and
Community Services

613-820-4922

Nepean, Rideau and Osgoode
Community Resource Centre

613-596-5626

