

If this is your child or teen...

Call 613-591-3686

How come dad keeps hurting mom?



Children Who Witness Violence in the Home (English)

Why are they picking on me at school?



Bullying Prevention (bilingual) & Confident Children

Why do I have to live in two houses?



Counselling (bilingual)

How come nobody will be my friend?



My mom and I feel safe at the shelter



Chrysalis House

Why do I feel depressed?



Youth Program (bilingual)

Western Ottawa Community Resource Centre
Centre de ressources communautaires d'Ottawa ouest

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Available in English and French/Disponible en anglais et français

Bringing care and community together/Jumeler soins et collectivité

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