

# Kanata Seniors Diners Club

WOCRC, along with community volunteers, host a nutritional lunch, entertainment, and/or educational program for seniors and adults with disabilities living in our community.

A great way to socialize, learn and have some fun at the same time.

**Wednesdays**  
**11:00 am to 1:00 pm**  
**Kanata Seniors Centre**  
**(Macak Centre Halls C and D)**  
**2500 Campeau Drive, Kanata**

**\$7**



February 4, 2009



**Chat Day**

*Register by Jan. 28*

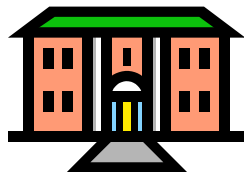
February 11, 2009

**Osteoporosis Canada**



*Register by Feb. 4*

February 18, 2009



**Stittsville Retirement  
Community**

*Register by Feb. 11*

February 25, 2009

**Beaverbrook Library**  
**“Confessions of Audio  
Book Addicts”**



*Register by Feb. 18*

Please register **at least 7 days in advance with Carol at 613-591-3686 ext. 272.**

Transportation can be arranged upon request.

*Available in English only/Disponible en anglais seulement*

