

Richmond Diners Club

WOCRC, along with community volunteers, host a nutritional lunch, entertainment, and/or educational program for seniors and adults with disabilities living in our community.

A great way to socialize, learn and have some fun at the same time.

Third Monday of month
11:00 am to 1:00 pm
St. John the Baptist Church
Hall, 67 Fowler Street,
Richmond

\$7



October 20, 2008

Age Well For the Health Of It

*With Janice Tughan,
Public Health Nurse*

Register by Oct. 13



November 17, 2008

Join us for Music
By "Mellow Tones"

Register by Nov. 10



December 15, 2008

Holiday Celebration

Register by Dec. 8



Please register **at least 7 days in advance** with Carol at 613-591-3686 ext. 272.

Transportation can be arranged upon request.

Available in English only/Disponible en anglais seulement

