

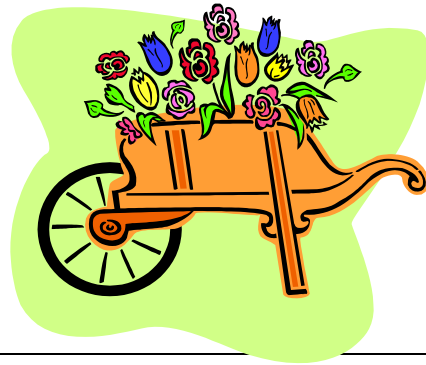
**Spring
2008**

Stittsville Diners Club

Lunch program for older adults – a great outing for those who are feeling housebound.
Hosted by the WOCRC with meals catered by Stittsville Retirement Community

**Third Tuesday of month
11:00 am to 1:00 pm
Pretty Street Community Centre,
2 Pretty Street, Stittsville**

\$7



April 15, 2008



**The New Royal Ottawa
Mental Health & You**
with Tim Kluke,
President & CEO
of the Royal Ottawa
Health Care Foundation

Register by Apr. 8

May 20, 2008

Ross & Kathy are back!

Register by May 13

June 17, 2008



Music by
The Mellow Tones



Register by Jun. 10

Please register **at least 7 days in advance with Carol** at **613-591-3686 ext. 272**.
Transportation can be arranged upon request.



Available in English only/Disponible en anglais seulement

Bringing care and community together/Jumeler soins et collectivité

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