

Programs and Services

***Available in French and English**
***Disponible en français et en anglais**



Counselling, Information, Referral*

Counselling, information and referral to all members of our diverse communities.

Ontario Early Years Centre-Carleton* (ages 0-6)

Parents and caregivers can get answers to questions, information about programs and services available for young children, and talk to Early Years professionals and other parents/caregivers in the community.

Children & Youth

Confident Children

Groups for children 6-11 on topics such as social skills, self-esteem, friendship, anger, and separation/divorce.

Child Witness

For children who have witnessed woman abuse in their homes.

Bully Prevention*

Community-wide approach to increase knowledge, skills and resources.

Youth Community Development

Youth Community Developers help organize and/or participate in community and school-based events such as service fairs, workshops, parent info nights, topic-specific presentations, group programs, etc.

For more details about our programs and services, please visit our website:

www.communityresourcecentre.ca

GLBTTQ

Confidential counselling for persons who need support around gay, lesbian, bisexual, transgender, two-spirited and questioning issues.

Community Development

Community Developers work with local groups and individuals to find out what needs or problems exist in the community and to develop creative solutions. The program aims to help community groups develop new programs or expand existing services.

Community Support

Services offered to seniors and adults with physical disabilities who are living independently in the community. Programs include Meals on Wheels, Diners Clubs, Transportation, Adult Day Program, Home Help and Home Maintenance.


Violence Against Women*

Support and counselling to abused women and their children living in the Kanata, Nepean, Goulbourn, West Carleton, Rideau, Osgoode and Bay wards.

Chrysalis House

613-591-5991 Crisis Line: 613-591-5901 TTY: 613-591-8912

A safe and secure home in Western Ottawa where a woman can go to protect herself and her children from violence and abuse. In this supportive environment, a woman can focus on her personal needs and choices, as well as on her children's needs.



Name: _____

Address: _____

Postal Code: _____

Phone: (_____) _____

I would like more information about services or volunteering at the WOCRC.

I would like to receive "Let's Connect" newsletter by e-mail.

E-mail: _____

I would like to make a donation to the WOCRC.

\$50 \$100 \$250 Other \$ _____

Visa M/C Amex Cheque*

Card #: _____

Expiry: (M/Y) ____ / ____

Signature: _____

***Make cheque payable to Western Ottawa Community Resource Centre and mail to:
2 MacNeil Court, Kanata, ON K2L 4H7**

Unless otherwise indicated, we will issue tax receipts. B.N. 12821 9201 RR0001

Please put my donation to use in this specific program or department (optional):

Western Ottawa Community Resource Centre

Community services play a vital role in promoting healthy lifestyle strategies and problem solving skills for individuals and families.

Whether it's facing a personal crisis, dealing with peers or aging family members, parenting or wanting to help others in your community, the WOCRC is here for you.

Our Vision

We envision a future in which Western Ottawa is comprised of vibrant, safe, healthy communities in which everyone has access to the services and resources they require for their health and wellbeing.

Our Mission

The Western Ottawa Community Resource Centre partners with others to develop, provide and coordinate accessible community, health and social services for all members of our diverse communities.

We are committed to ensuring access to permanent and quality French Language Services in our designated programs and services.

Our Guiding Beliefs

These are the deeply held beliefs within the Western Ottawa Community Resource Centre and are demonstrated through our day-to-day interactions with clients, partners, volunteers, members, and staff. For more detailed information about each of our guiding beliefs, please visit our website.

Volunteers

Volunteers are an essential part of our team. Their support and enthusiasm allows the WOCRC to offer a wider variety of programs and services.

Join our volunteer team!
613-591-3686



2 MacNeil Court, Kanata, Ontario, K2L 4H7

Phone: 613-591-3686

Fax: 613-591-2501

TTY: 613-591-0484

Web: www.communityresourcecentre.ca

E-mail: info@communityresourcecentre.ca

B.N. 12821 9201 RR001

Western Ottawa Community Resource Centre

Everyone is welcome. We provide confidential counselling, information, referral and support for you, your family, friends and neighbours. Our services are offered in English and French. Cultural interpretation is available upon request.

613-591-3686

2 MacNeil Court, Kanata