



## 三代同堂 之 (Cultural Adaptation for Immigrant)

森瑪錫西社康中心與渥太華西區資源中心合辦

### 在加拿大如何教養孫子孫女

十年來華裔移民增加不少，很多人在稍為安頓後亦申請父母來加團聚或幫助照顧孩子。理想的幸福家庭景象往往在「蜜月期」過後出現不少矛盾，有些後果更是從來沒有想像過的。

其實，生命掌握在你的手中，幸福是活出來的；所謂知己知彼、百戰百勝；如果對「自己處身於新環境」有更多認識，對家人因適應而來的改變，及對加拿大的文化習俗、社會系統有更多的了解，愉快及健康的生活一定可以得到，幸福感也會隨之而來。

為幫助你掌握加拿大的生活，以下講座為你而設，歡迎報名參加；詳情如下：

日期：零九年三月廿四日（星期二）

時間：上午十時至十一時半

地點：渥太華西區資源中心會議室

地址：2, MacNeil Court, Kanata

內容：孫子孫女的教養

對象：華裔移民

費用：全免，茶點招待

語言：國語

報名及查詢：(613)238-8210

內線 2342

(為準備資料，請預先報名)

The number of Chinese immigrant has increased rapidly in past decade. Many people also sponsored their parents for reunion or take-care the children after they had settled in Canada. However, the contradiction between generations often occurs after the period of “honeymoon”. Some consequences have never been imagined.

Actually, life is holding in your hand. Blessing has to be worked out; if you know more about yourself and others as well as the surrounding environment. A happy and a healthy family life certainly will come to you. In order to equip your ability to live a harmony life with your family members, the following program is organized for you:

**Date:** Mar. 24, 2009 (Tue)

**Time:** 10:00 – 11:30 AM

**Place:** Western Ottawa C.R.C.

**Content:** Parenting grand-children

**Target population:** Mandarin speaking immigrants

**Reg. & Enq.:** (613)238-8210 x2342